



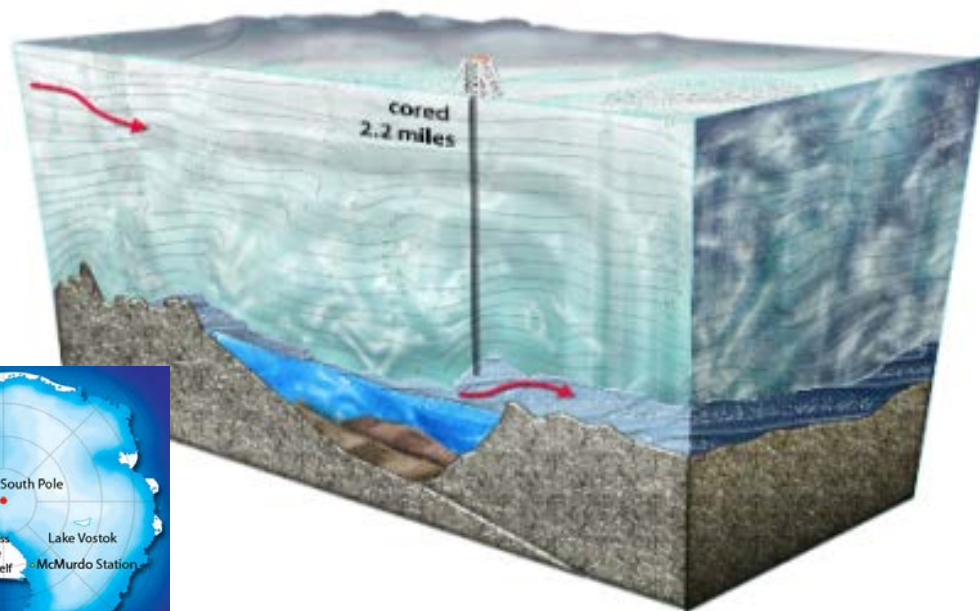
TfL-EON LBEG Palestra Re:Fit project update



The Vostok story...

At the end of the 1970s, a group of Russian and French scientists drilled through a frozen ice lake in the Antarctic at a place called Vostok

After much difficulty, they extracted frozen ice cores from a depth of 2.2 miles. These cores held trapped air bubbles laid down as snow when the ice was formed - representing atmospheric conditions from across the last 400,000 years.



The scientists were able to analyse the density of the ice and trapped air to create a record of the temperature from the Ice Ages to modern day. This showed that aside from relatively short 'interglacial' periods, the last 10,000 years has seen relatively stable temperatures.

Further work analysed carbon dioxide (CO₂) levels over that time as well. The CO₂ level has varied between 200 and 300 parts per million (ppm), with each 100 ppm representing a shift of about 200 billion tonnes of carbon into the atmosphere.

Scientific details: www.agu.org/sci_soc/vostok.html



World populations:

- 1,000,000,000 In 1850
- 5,000,000 12,000 years ago
- 100,000 200,000 years ago

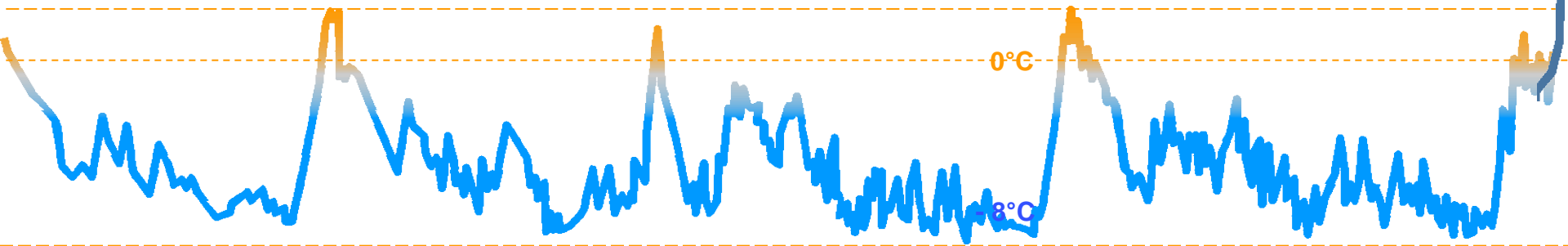
7,800,000,000 Jan'20

The Vostok data...

412ppm

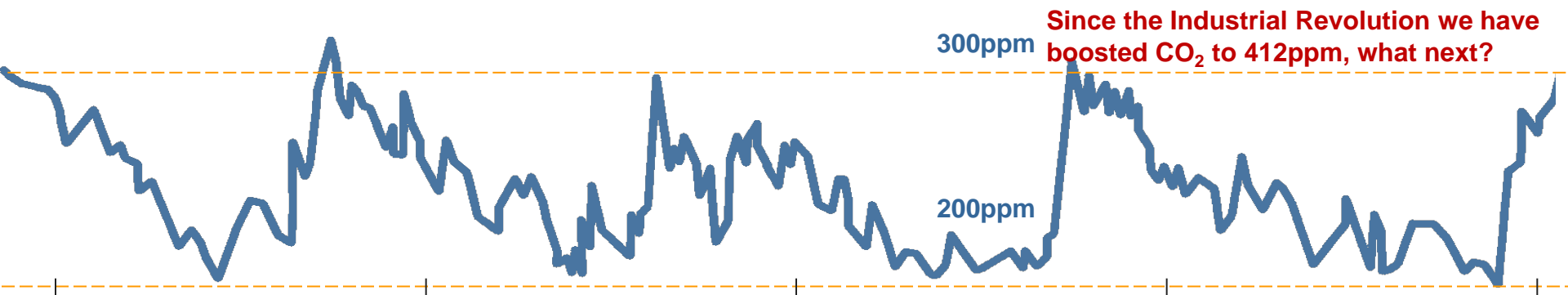


temperature change from present



carbon dioxide level in atmosphere

Do you notice a correlation?
Since the Industrial Revolution we have boosted CO₂ to 412ppm, what next?



-400,000 -300,000 -200,000 -100,000 1850 2018

A journey back in time across hundreds of thousands of years



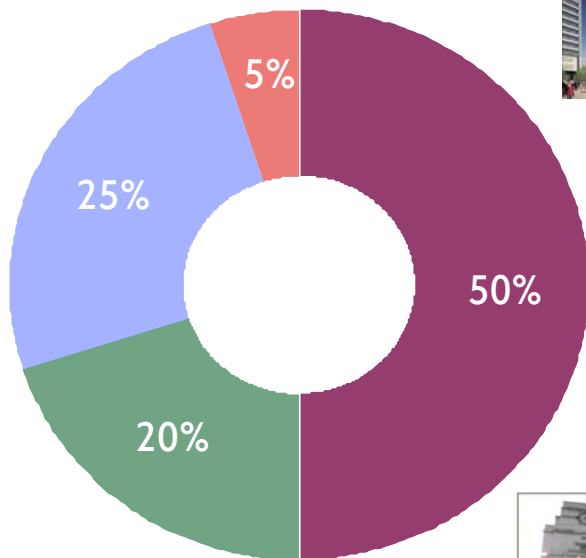
What is London doing about it?



New
build



Behavioural
change



Decentralised
energy supply



The Mayor of London has set a target to reduce carbon emissions across the city as a whole by 40 per cent by 2022 (based on 1990 levels), with the city aiming to be carbon-neutral by 2050

(OR 2030 from the latest manifesto tweets...)

For buildings in London, this can be delivered through four key areas:

- **New build** – while a small area across London, this is a significant driver for TfL, with our Palestra, Pier Walk and Endeavour Square office hubs being influenced by our energy standards during construction;
- **Decentralised energy** – working to self generate heat, power and cooling to reduce grid demand as well as improvements being made to the wider electricity grid. Palestra's fitout was heavily influenced by this;
- **Energy Efficiency** – new technical solutions such as better/more efficient lighting; and also Heating, Ventilation & Air conditioning (HVAC) and fabric insulation refurbishments;
- **Behavioural change** – Changing how staff occupy and use our buildings can make a huge difference, from everyone turning off their PC every night to managing our 24/7 buildings & accommodation strategy better.



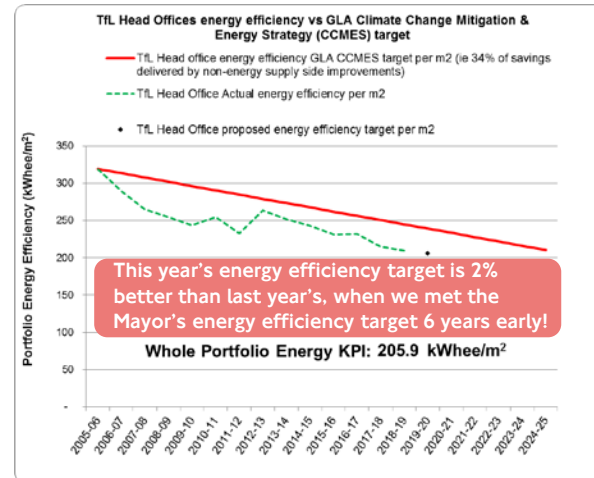
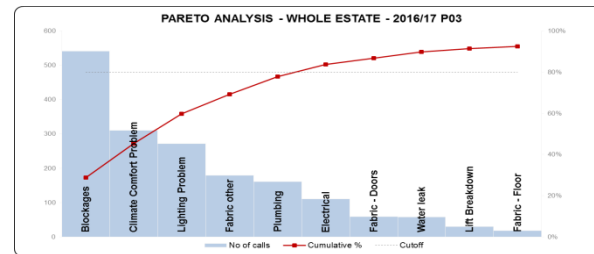
Energy
efficiency

RE:FIT
BUILDING ENERGY EFFICIENCY FOR TOMORROW

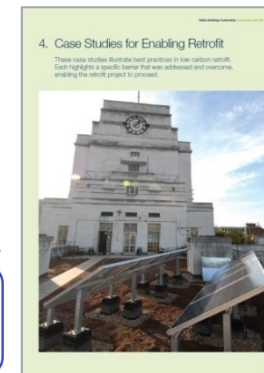
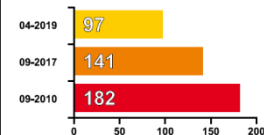


TfL Estates Management work streams

- **Asset management and performance:**
 - Analysing when and why things go wrong and setting standards for the way things should be done
- **Utility contract management:**
 - Paying the bills – circa £4.5m a year – and ensuring they are accurate and performance is on target!
- **Asset replacement programme:**
 - Planning and making things right
 - Technology review and roll out when appropriate, from LEDs to BMS monitoring enhancements to energy performance contracts
- **Maintain external accreditation:**
 - Proving things are getting better and obtaining benefits such as climate change levy gas cost reductions
 - Statutory Display Energy Certificates, Carbon Trust Standard, and Combined Heat and Power Quality Assurance (CHPQA) at 2 sites
- **Behavioural change campaigns:**
 - Persuading our colleagues and contractors to help
- **Best practice promotion:**
 - Researching what other people are doing to tackle the same issues via Better Buildings Partnership membership & CIBSE task groups



Operational Ratings



Let's power down!

You can help save the environment and money.

[Click for more info](#)

[Destination Green](#)



The Palestra building: TfL fitout in 2008

The brief...

- Relocate 2500 staff in improved facilities
- Reduce running costs
- Minimise energy & water usage
- Improve BREEAM rating to Excellent
- Maximise 'Tri-Generation' opportunity
- Maximise recycling
- Payback within TfL's lease period
- Improve cycling facilities



Palestra – the initial results

- Increased occupant satisfaction
- Improved productivity
- Flexible, modern workspace
- BREEAM Excellent rating achieved
- Beating benchmarks for office floor power & water
- High recycling rates
- Record number of cyclists



One of two new rainwater harvesting tanks

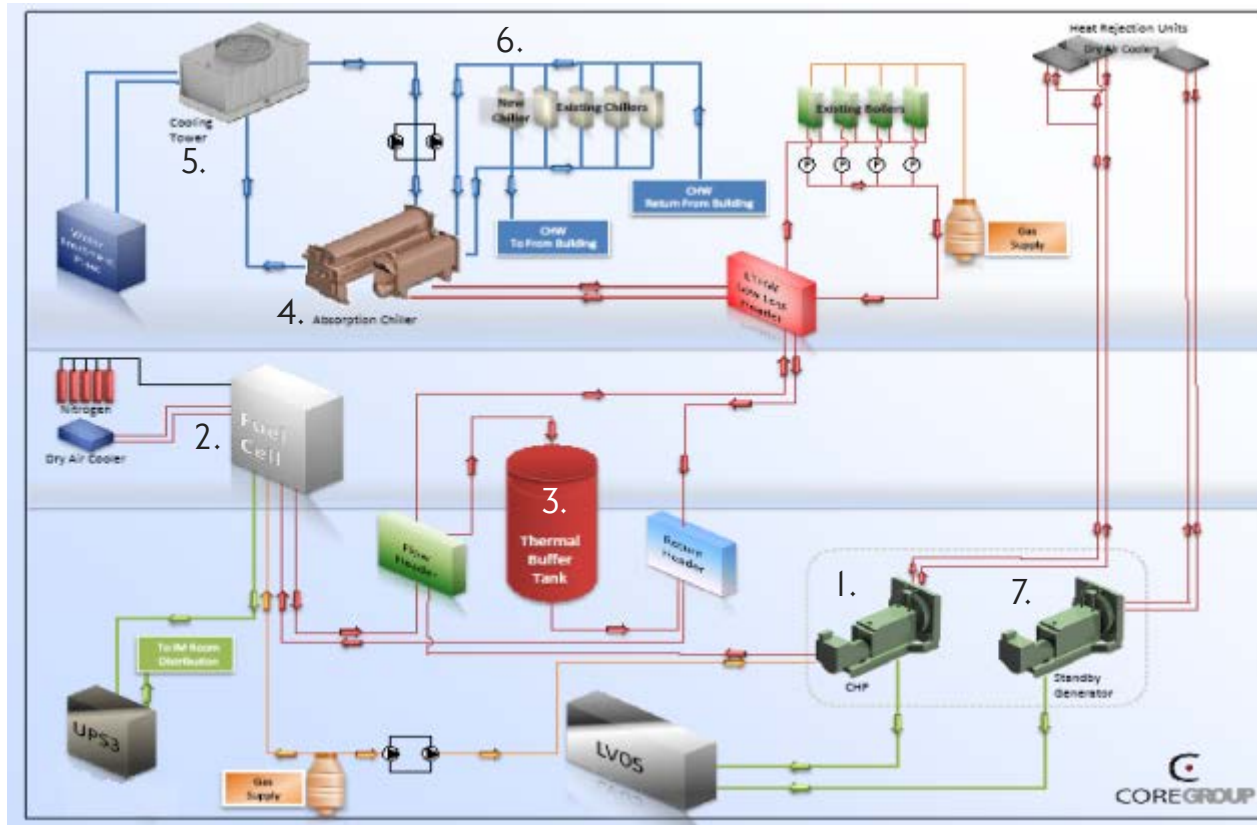


CIBSE BUILDING PERFORMANCE AWARDS 2012 WINNER
RECOGNISING EXCELLENCE IN MAKING BUILDINGS WORK



Mechanical systems overview

1. 834kW electric gas combined heat and power (CHP) engine
2. 200kW electric fuel cell CHP
3. 75 cubic metre thermal store to even out the heat supply and demand
4. Absorption chiller to use the CHPs' excess heat to provide cooling to the building
5. Cooling tower to then get rid of excess absorption chiller heat
6. New electric "free cooling" chiller to provide more efficient base load cooling
7. Electrical generator and infrastructure to provide resilient supplies to support our operations
8. Rainwater harvesting tanks and pumps to use rainwater to flush toilets and urinals

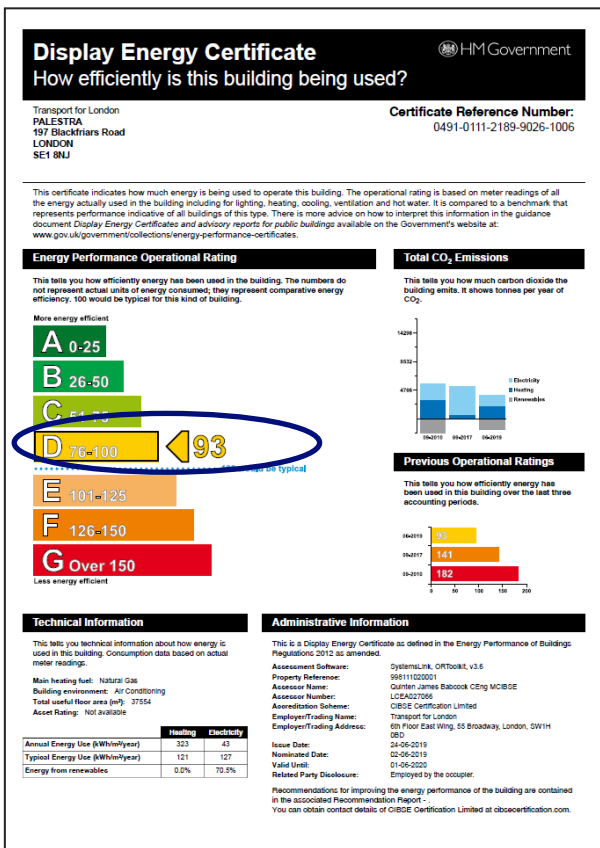


Following major construction works, the Tri-Gen system was fully commissioned in spring 2009, but...

Energy performance reporting – first decade

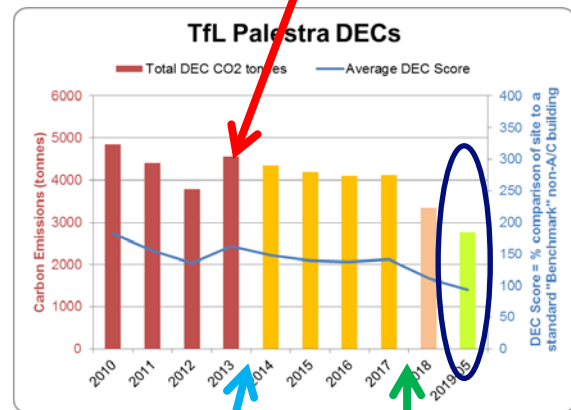
Over the next nine years the following happened:

- In 2012, TfL instigated a redesign of electrical resilience infrastructure to accommodate for additional 24/7 staff operation within the building
- This required the fuel cell Combined Heat & Power (CHP) unit to be put in to stasis for two years, which led to various equipment failures within the unit. Since 2015, TfL has been working to bring the fuel cell back online
- In 2013 TfL commissioned a study by Verco to investigate why the original gas CHP system did not work as originally designed. This led to various recommendations, with the system turned off while an energy performance contract via the GLA's REFIT framework was procured
- In 2015 E.ON were appointed to carry out the design & build energy performance contract, with works completed in November 2017 guaranteeing £111k a year in savings and an 8 per cent energy efficiency improvement
- In May 2019 we smashed those targets, saving £442k, improving energy efficiency by 22 per cent and carbon emissions by 7 per cent!



Annual Display Energy Certificates (DECs) help us track performance. We're now better than a typical non-air conditioned office building!

Additional 24/7 TfL occupancy from Jun' 12



CHP turned off Nov '13 following Verco analysis and report

E.ON's pipework modifications complete and CHP recommissioned Nov '17



Hot water pipework & Gas CHP Improvements

The project included:
 Splitting the roof LTHW pipework to hold off the boilers;
 New high efficiency controllable chiller;
 Pipework & control mods to allow Pumps 9&10 to swap direction;
 New DHW plate heat exchangers & cylinders.

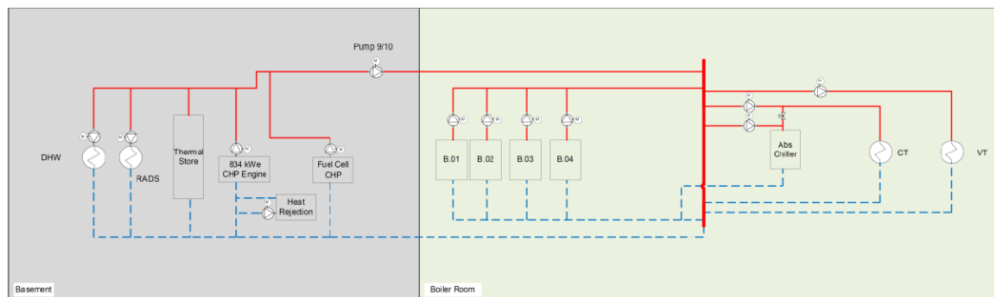
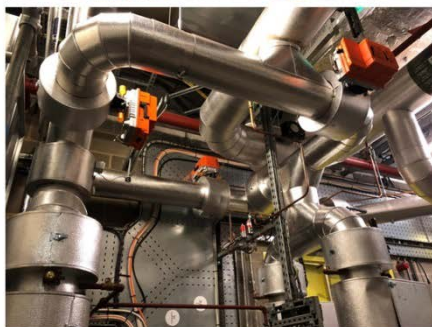


Figure 1: Existing Conceptual Configuration

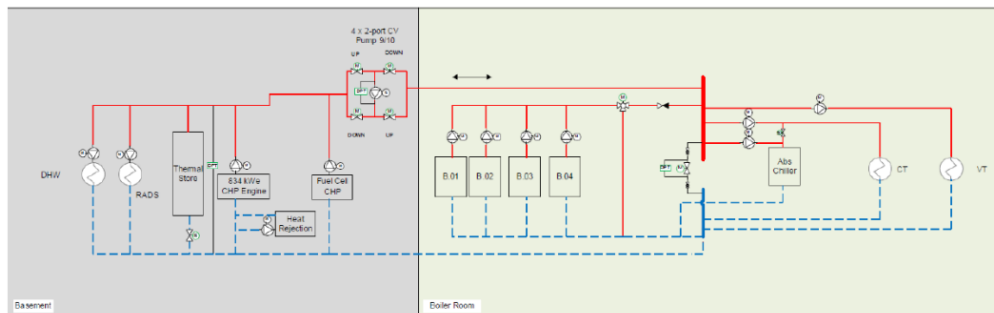


Figure 2: Design Conceptual Configuration

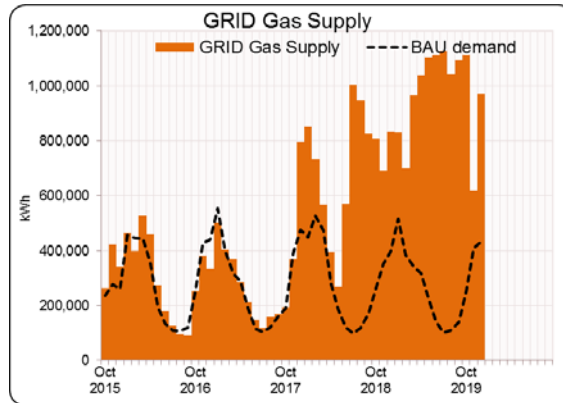
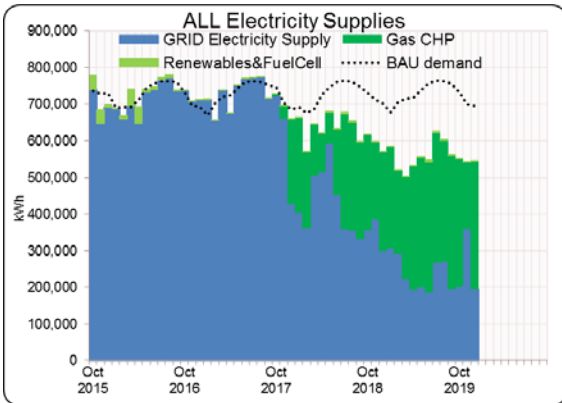
e-on

RE:FIT
 BUILDING ENERGY EFFICIENCY FOR TOMORROW

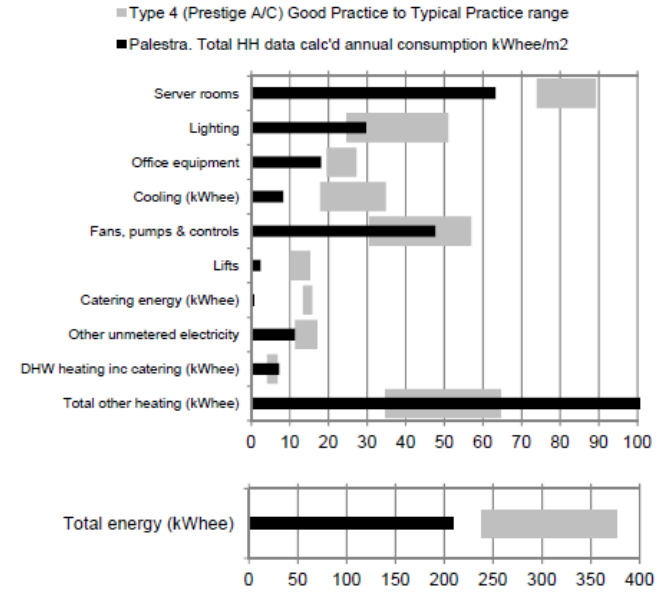


How low can we go?

- By May 2019, we had achieved a D-rated DEC score of 93, which compares very favourably to the G-rated 182 score from 2010 (when the original project handed over a CHP running 24/7 at full output).
- In the 12 months to the end of December 2019 we saved £520k in building utilities running costs and improved annual energy efficiency by 24 per cent and carbon emissions by 7 per cent
- Compared to industry benchmarks we have taken a building (that was already 27 per cent better than Typical consumption) and improved it to 45 per cent better than Typical and 12 per cent better than Good!



Palestra Comparison to ECON19 Energy (kWh/m²) Benchmarks, based on data from 01/01/2019 to 31/12/2019

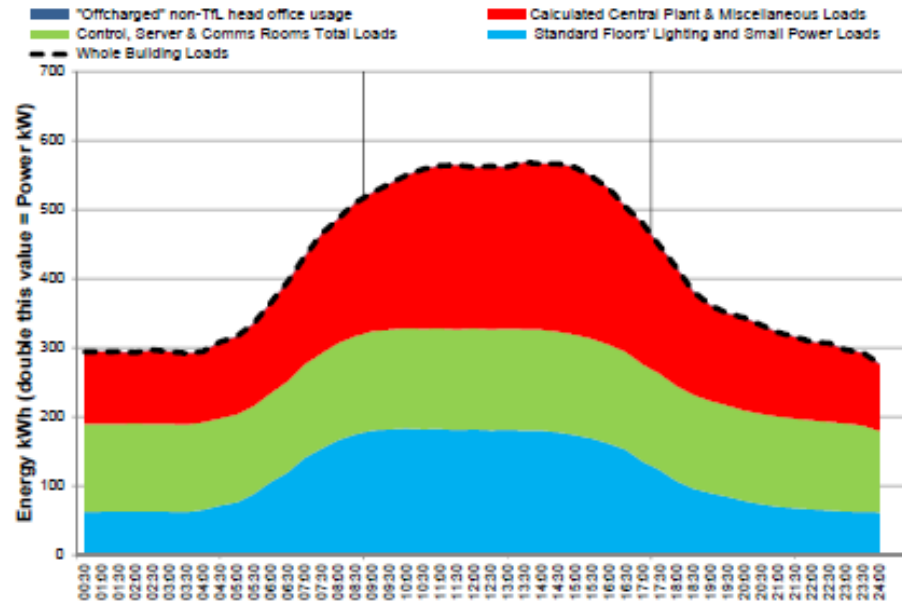


However, the industry benchmarks comparison above suggests there are still areas that can be improved, from lighting & HVAC controls to occupant engagement to switch off PCs when they leave. A 93 score D-rated DEC is a great result given the 100 score is effectively a non-fully air conditioned “mixed mode” standard occupancy density building, but we aim to find out how low we can go!

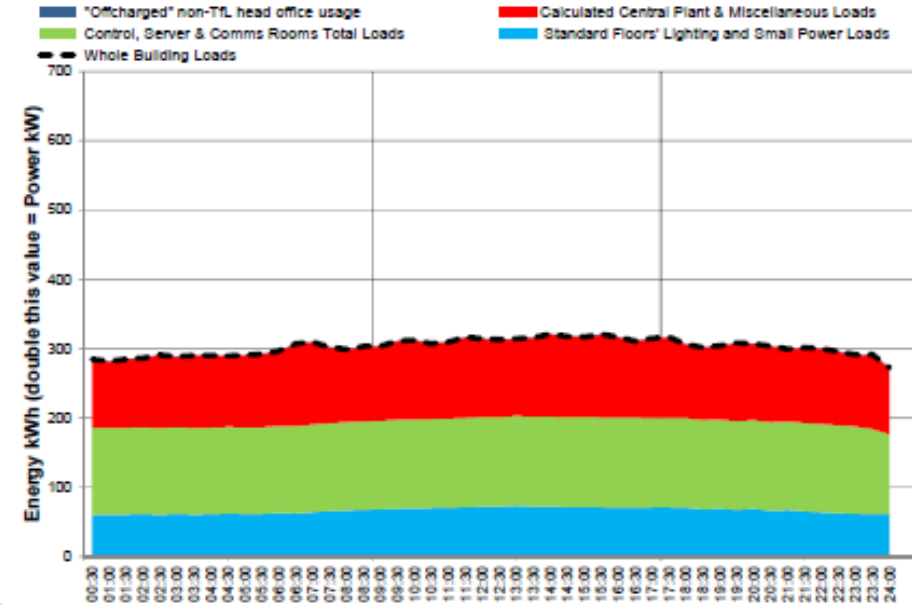


Surely we just have to turn stuff off?

Palestra Weekday average Electricity Consumption for Whole Building Loads. From 01/01/2019 to 31/12/2019



Palestra Weekend average Electricity Consumption for Whole Building Loads. From 01/01/2019 to 31/12/2019

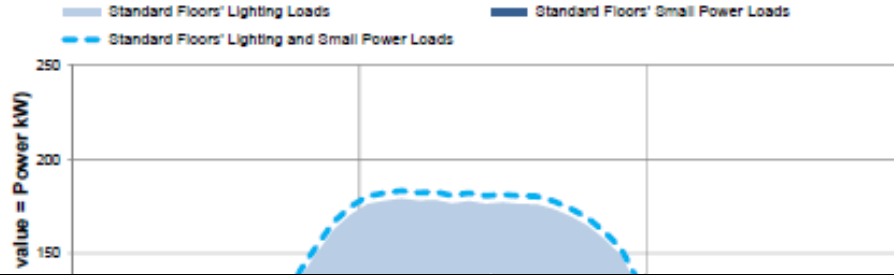


	In hours weekly total (0700-1800 M-F) kWh	Out of hours total M-Su kWh	Annual estimate of Out of hours cost M- Su, £	Out of hours M-Su, %	Annual estimate of Total cost, £	Max demand, kW	Min demand, kW	Note ref
Whole Building Loads	58,146 kWh	71,004 kWh	£443,064	55%	£805,893	1136.7kW	544.3kW	
"Offcharged" non-TfL head office usage	0 kWh	0 kWh	£0	0%	£0	0.0kW	0.0kW	¹
Calculated Central Plant & Miscellaneous Loads	23,904 kWh	25,746 kWh	£160,653	52%	£309,815	485.8kW	190.9kW	
Control, Server & Comms Rooms Total Loads	15,778 kWh	28,910 kWh	£180,396	65%	£278,850	292.6kW	229.8kW	
Standard Floors' Lighting and Small Power Loads	18,464 kWh	16,349 kWh	£102,015	47%	£217,228	366.6kW	120.2kW	
Whole Building CHP Electricity input savings	30,284 kWh	43,300 kWh	£270,192	59%	£459,161	588.3kW	322.1kW	

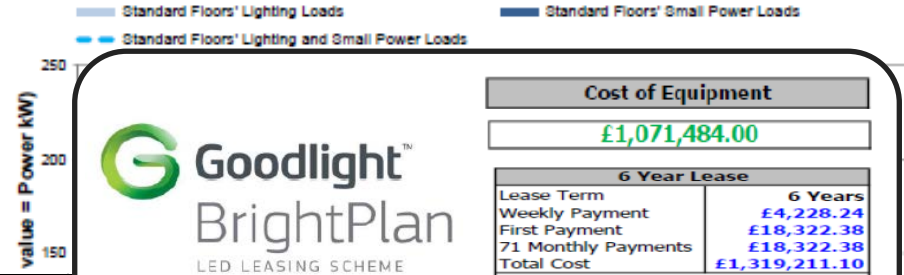
Notes: 1 (No metering data provided)


Is it the lighting control or the people?

Palestra Weekday average Electricity Consumption for Standard Floors' Lighting and Small Power Loads. From 01/01/2019 to 31/12/2019



Palestra Weekend average Electricity Consumption for Standard Floors' Lighting and Small Power Loads. From 01/01/2019 to 31/12/2019





Cost of Equipment	
£1,071,484.00	
6 Year Lease	
Lease Term	6 Years
Weekly Payment	£4,228.24
First Payment	£18,322.38
71 Monthly Payments	£18,322.38
Total Cost	£1,319,211.10
Tax Relief @ 19%	£250,650.11
Net cost of Finance	£1,068,560.99

BAU Capex costs	BAU £	Notes
Lighting replacements	£30,000	Estimate for next 10 years
<i>Capex sub-total</i>		
	£30,000	
BAU ongoing 10-year Total simple costs		
Annual In hours electricity at current loading for non-24/7 floors	£71,861	Data from 01/06/18-31/05/19
Annual Out of hours electricity at current loading for non-24/7 floors	£61,789	Data from 01/06/18-31/05/19
Annual electricity at current loading for 24/7 floors	£47,714	6th floor data from 01/07/14-30/06/18 & doubled for 2nd floor
Total cost of ownership	£1,843,642	
		£1,609,605
		10 year TCO Saving £234,037
		8.4 year payback

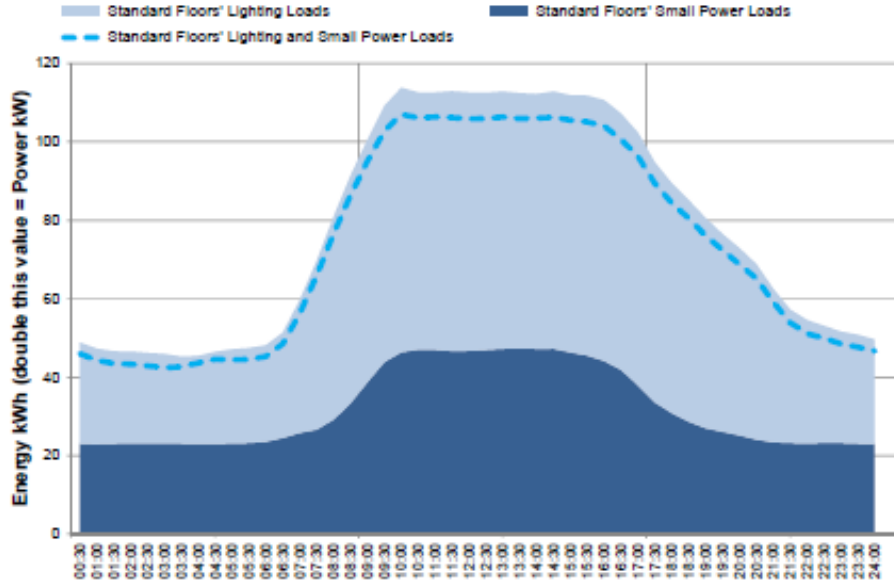
Assumptions

Electricity rate	£0.12 £/kWh <i>(this is current but will increase over next 10 years)</i>
Current total electricity for non-24/7 floors	1,113,755 kWh
Current out of hours electricity for non-24/7 floors	514,909 kWh
Current in hours electricity for non-24/7 floors	598,845 kWh
24/7 floors lighting loads	397,614 kWh
LED fittings savings % (from Lightboss calcs)	43%
LED controls out of hours savings % estimate	90%

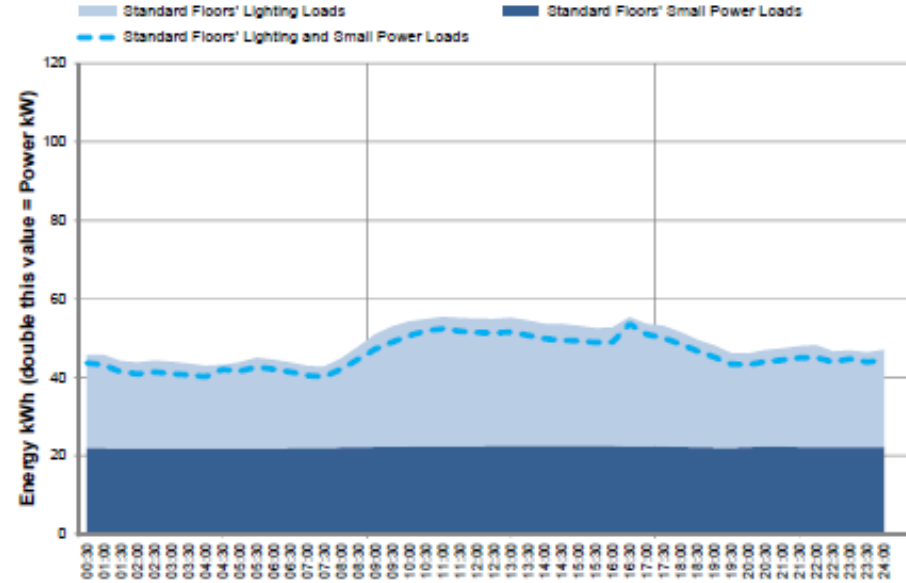
Time of day	Max demand, kW	Min demand, kW	Note ref
16:30	7,228	366.6kW	120.2kW ³
18:30	10,926	216.2kW	65.0kW
19:30	10,102	143.0kW	50.3kW

LEDs vs fluorescents, & what are the parasitic loads?

Endeavour Square, 5 Weekday average Electricity Consumption for Standard Floors' Lighting and Small Power Loads. From 01/09/2017 to 31/08/2018



Endeavour Square, 5 Weekend average Electricity Consumption for Standard Floors' Lighting and Small Power Loads. From 01/09/2017 to 31/08/2018



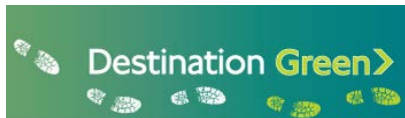
	In hours weekly total (0700-1800 M-F) kWh	Out of hours total M-Su kWh	Annual estimate of Out of hours cost M-Su, £	Out of hours M-Su, %	Annual estimate of Total cost, £	Max demand, kW	Min demand, kW	Note ref
Standard Floors' Lighting and Small Power Loads	10,873 kWh	11,158 kWh	£63,823	51%	£126,016	214.1kW	80.2kW	³
Standard Floors' Lighting Loads	6,923 kWh	6,616 kWh	£37,845	49%	£77,445	134.8kW	41.2kW	
Standard Floors' Small Power Loads	4,611 kWh	5,240 kWh	£29,970	53%	£56,346	94.7kW	43.7kW	

Notes:

3 (includes floor HVAC loads)

Well controlled, normally occupied floors should have an out of hours % closer to 15%

Staff Behavioural Change



Destination Green

#mythbusters

What should I do with my PC when I leave the office?

Let's power down!

☰ = £

In head offices, 55% of energy is currently used 'out of hours'. Help save the environment, and money, by switching off before you go home.

Thin clients – Select **Log off** from the start menu, press the **☰** button on the computer and then switch off your monitor and all other equipment. If you have a red master switch, please switch this off too.



Thick clients – Select **Shut down** from the start menu then switch off your monitor and all other equipment.



Please visit Source.tfl/powerdown



EVERY JOURNEY MATTERS

Endeavour Square, 5 - Floor 06-S (B&Y)

Monthly Electricity Benchmark

Dataset Details

Dataset: Endeavour S
Ref: 10762-ELE-V
Units: kWh

Monthly "Out of hours" Summary

In Hours
Out of hours
Total
Out of hours %
Out of hours = Mon-Fri 1800-07

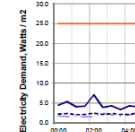
Maximum Demand Information

Maximum Demand
Date
Time

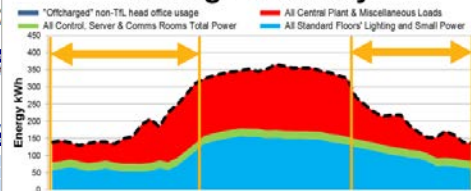
Maximum Demand Vs Benchmark

Benchmark: W/m2
Did MD exceed benchmark?
% Utilisation
% Spare Capacity
Net internal floor area, m2

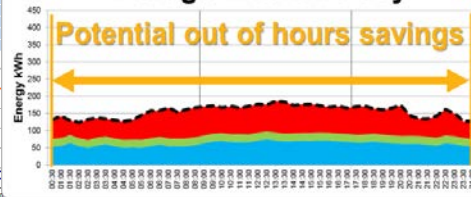
Electricity Demand Watts / m2



Average Weekday



Average Weekend day




Getting others on-side


- Storytelling:** sharing stories helps build rapport while getting the message across.
- Rewards/bribery:** make sure you can deliver.
- Questions:** ask questions - find out what people think and how they feel.
- Humour:** we love to laugh - keep a sense of humour.
- Listening:** listen carefully - even to refusals - learn and build rapport.
- Guilt:** we don't like feeling guilty and avoid those who try to make us feel guilty. Not a good tactic.
- Arguments:** don't argue with hardliners - it just gives their views air time. Pick the low hanging fruit first and build support.
- Mood:** be cheerful - nobody wants to join people who seem miserable.

Some hints and tips we discovered in workshops with Environmental Champions

57% of our electricity usage was during the night and at the weekend, which cost £35k per week! We can all do more to #Powerdown



Please remember to log off and power down at the end of your day



source.tfl/powerdown



source
Transport for London

Michèle Dix:
"What can I do to be greener?"



15.48 | Friday | 20.09.2019

Intranet search

Enter query

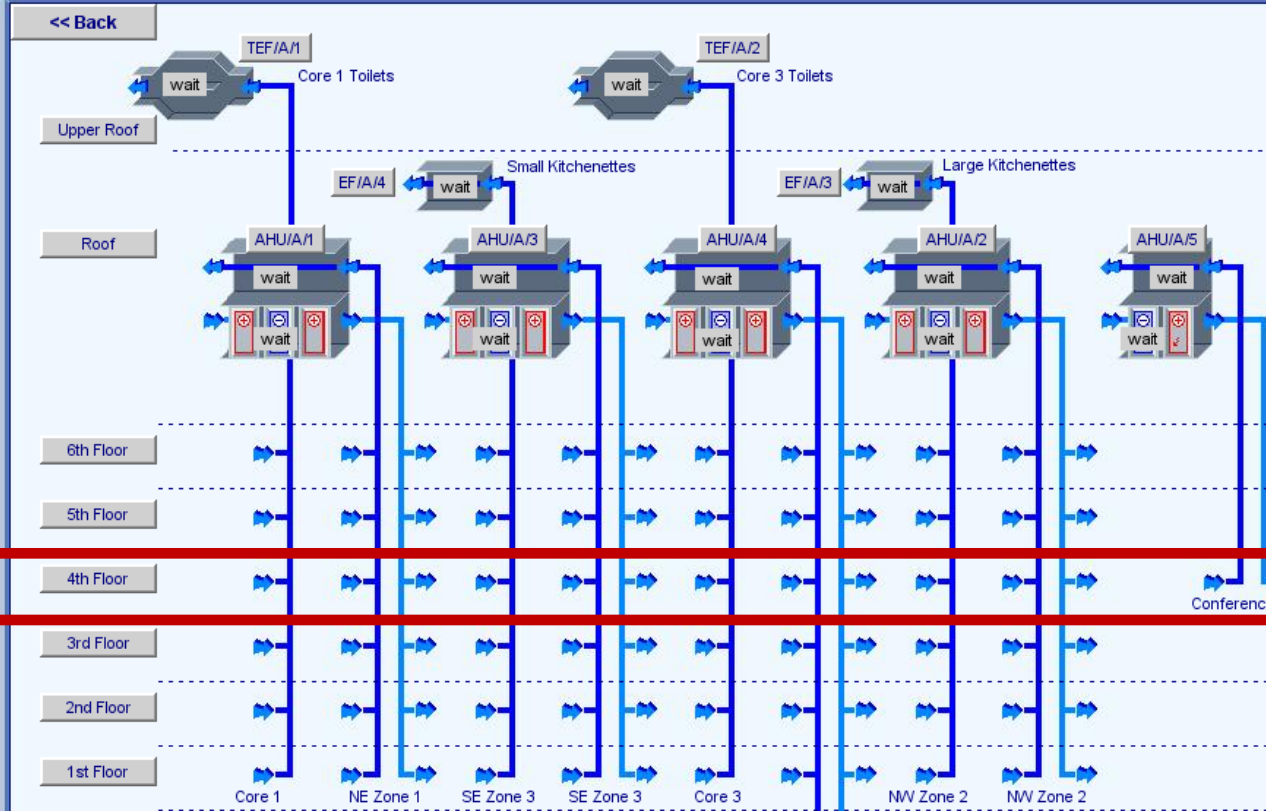
Telephone directory

EVERY JOURNEY MATTERS

We need designers and occupiers to think holistically



14 Pier Walk Block A : Air Plant Overview



LightFi occupancy sensor



5ES:
3 24/7 staff in whole
of Stratford building

24/7 staff on one floor





DfP = Targets, controls and commissioning

COULD THIS EVEN LINK TO A MAINTENANCE CONTRACT PERFORMANCE GUARANTEE?

SIMULATE TO IMPROVE DESIGN AND CONFIRM PERFORMANCE TARGETS

Initial Description of Operations

BUILD AND COMMISSION TO MATCH DESIGN

Revise Description of Operations

TUNE CONTROLS IN EARLY OPERATION TO MATCH SIMULATION AND REVISED DESOPS

Diagnose control improvements

COMPARE ACTUAL ENERGY WITH TARGETS

Final Description of Operations

Feedback so designers can learn from outcomes



To find out more
please contact:
Quinten.Babcock@tube.tfl.gov.uk

